



# Coming to stay on the ward

[loros.co.uk](http://loros.co.uk)

**LOROS**

Hospice Care for Leicester, Leicestershire & Rutland

Being there for *you*  
and *your family*



# Coming to stay on the ward

This leaflet explains what you can expect as an inpatient at LOROS. We hope to answer your concerns, but if you have any more questions please ask.

## **Why do people come to the inpatient ward?**

Patients come into the inpatient ward for a variety of reasons. You may need help to control difficult symptoms such as pain or breathlessness, or with emotional and family support or terminal care. About half the people who come spend their last days at LOROS.

## **How long can I expect to remain an inpatient?**

This varies from patient to patient and LOROS is not a long stay unit. Sometimes patients will need nursing care, but not the high level of specialist care that the Hospice provides. If this happens we will, in consultation with you and your family or main carer, arrange for you to be transferred to a care home, or return to your own home with appropriate support. We will look at funding for care at home or in a care home. Often care will be paid for by the NHS

depending on how unwell you are.

## **What is the inpatient ward like?**

The ward has a mixture of single rooms, with their own bathrooms, as well as four-bedded bays. You will be either allocated a single room or a bed in a bay according to your nursing need, preference and bed availability. Each bed has a TV and WIFI is available.

The wards have experienced and trained staff to help you, who work as part of a multi-disciplinary team, including doctors, nurses, physiotherapists, occupational therapists, complementary therapists, spiritual care chaplains, social workers, and volunteers.

## **What about meals?**

You can order food at any time between 8am and 7pm every day. In addition, breakfast is served every day from 8am and a lunch menu from 12pm. You can have hot and soft drinks and snacks at any time, and alcoholic drinks are available for patients before lunch and upon request. We have a varied and changing menu, but we are happy

to accommodate any particular preferences whenever possible. If you are on a special diet or have specific dietary requirements, please tell us so that we can prepare a meal that suits you. We work closely with a dietician, who can advise you on food choices/nutritional meals.

### **Can I smoke?**

The Hospice is a no smoking building and supports a no-smoking policy. Patients who wish to smoke may do so in a designated smoking area, but this does not take beds. This also applies to e-cigarettes.

### **What do I need to bring with me if I am an inpatient**

Please bring in with you all the medicines that you are currently taking and if possible your most recent GP repeat prescription request. You should also bring any nicotine replacement treatment, eye drops, inhalers and creams. This helps us to make sure that we have an up-to-date view of your medicines and means that once they have been checked you should be able to continue to take them on the ward.

We have a pharmacy service so we will ensure that you have all the medicines that you need whilst you are an inpatient, when you go out on visits or when you are discharged back home. Medicines are supplied free of charge in the same way as in hospitals. If you are taking any unusual medicines or products that are not available on

prescription – for example health food supplements – we may ask you to supply these yourself.

The doctors or nurse may ask a member of your family /carer to take home any unwanted medicines as we are unable to dispose of these at the hospice.

If there are any problems with your medicines, our pharmacist will be available to help.

It is really important for your care that the information you give us is as full and accurate as possible.

You will also need to bring the following:

- Nightclothes or pajamas
- Day clothes (you may not need to wear your night clothes for your entire stay)
- Clean underwear
- A dressing gown and slippers
- Toiletries, including soap, a toothbrush, toothpaste, shampoo and conditioner
- A razor and shaving materials
- A comb or hairbrush
- Paper tissues
- Glasses/hearing aid/dentures – if you wear them
- A small amount of money to buy things such as newspapers, and anything you may want from the shop
- Things to occupy you, such as books, magazines or puzzle books

- A notebook and pen to write down any questions you have when the doctor is not available
- Your address book and important phone numbers, including your GPs name, address and telephone number

Try to limit clutter and gifts. Keeping your bed area free from clutter makes cleaning easier. Where possible, it is advisable to mark all items of personal property with your name.

You will have your own small locker for your personal belongings. Do not leave any valuables or money by your bed unattended.

A laundry service is not provided, so please arrange for a friend/relative to replace your dirty clothes on a regular basis. When you are nearing your discharge date, please arrange for your belongings to be taken home. If you are to be taken home by ambulance, the ambulance service generally only allows one bag with each patient.

## **Personal property**

Please do not bring large sums of cash or other valuables as bedside lockers are not secure. In the event that it is necessary for you to bring in such items, please notify a member of staff immediately on your arrival. Your property will then be deposited in the Hospice safe and you will be issued with a receipt. Any cash will be banked by the cashier.

**Please note:** LOROS accepts no responsibility for the loss of, or damage to, personal property of any kind, in whatever way loss or damage may occur, unless deposited for safe custody.

## **Where can my visitors eat and relax?**

You and your visitors can enjoy refreshments together in, the snack bar, which is open Monday to Friday 8.30am-9pm, and 9am-7pm at the weekend. You can also use this area whenever you like.

There is also an information point in the Hospice where you and your visitors can find up to date information about a number of key areas for patients and their carers coping with illness. This includes printed leaflets.

## **Can we use the gardens?**

The gardens are open to patients and visitors, and they are designed so that you can get around them in a wheelchair or a bed. Smoking is not permitted in the gardens.

## **What if English is not my first language?**

We have access to an interpreting service, and encourage you and your family to use it to make it easier for you to tell us what you need and how we can help you.

This leaflet is updated regularly. For the most up-to-date information please visit [loros.co.uk/care](http://loros.co.uk/care)

LOROS Hospice is dedicated to ensuring equality and diversity is at the core of all our activities.

### In case of comments or complaints, please contact:

Chief Executive, or Director of Care Services  
LOROS, Groby Road, Leicester LE3 9QE

or, Care Quality Commission, East Midlands Office, Citygate, Gallowgate, Newcastle Upon Tyne NE1 4PA

### Alternative language copies available

Please contact the Patient Experience Lead PA on 0116 231 8435

જો તમને આ માહિતીની અન્ય ભાષા અથવા સ્વરૂપમાં આવશ્યકતા હોય તો કૃપા કરી ટેલીફોન નંબર 0116 231 8435 પર Patient Experience Lead PA (પેશન્ટ એક્સ્પેરીયન્સ લીડ પીએ) નો સંપર્ક કરો

Jeżeli chcieliby Państwo otrzymać niniejsze informacje w tłumaczeniu na język obcy lub w innym formacie, prosimy skontaktować się z PA Zespołu Patient Experience pod numerem telefonu 0116 231 8435.

ਜੇਕਰ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਨੂੰ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਜਾਂ ਪ੍ਰਾਰੂਪ ਵਿੱਚ ਪ੍ਰਾਪਤ ਕਰਨਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਰੋਗੀ ਅਨੁਭਵ ਪ੍ਰਤੀਨਿਧੀ PA ਨਾਲ 0116 231 8435 ਟੈਲੀਫੋਨ ਨੰਬਰ ਤੇ ਸੰਪਰਕ ਕਰੋ।

Haddii aad ku dooneyso macluumaadkan luqad kale ama habeyn kale fadlan la soo xiriiir Hogaan Bukaanka Waayo-aragga PA taleefoon nambarka 0116 231 8435

আপনি অন্য কোনো ভাষা বা ফরম্যাটে এই তথ্য পেতে চাইলে অনুগ্রহ করে 0116 231 8435 টেলিফোন নম্বরে প্যাসেন্ট এক্সপেরিয়েন্স লিড পিএ-তে যোগাযোগ করুন

اگر آپ کو یہ معلومات کسی اور زبان یا فارمیٹ میں درکار ہوں تو برائے مہربانی پیشنٹ ایکسپیرینس لیڈ کے PA سے اس فون نمبر پر بات کریں 0116 231 8435

**LOROS** Groby Road, Leicester LE3 9QE

☎ (0116) 231 3771

✉ [info@loros.co.uk](mailto:info@loros.co.uk)

📞 LOROSHospice

📌 LOROSHospice

**loros.co.uk**

Registered Charity No: 506120

© LOROS. March 2017. To be reviewed March 2019

# LOROS

Hospice Care for Leicester, Leicestershire & Rutland

Being there for you  
and your family