



# Lymphoedema Service

[loros.co.uk](http://loros.co.uk)

**LOROS**

Hospice Care for Leicester, Leicestershire & Rutland

Being there for *you*  
and *your family*

# Lymphoedema Service information

## What is lymphoedema?

Lymphoedema is a chronic swelling which can affect any part of the body. It occurs when the fluid drainage system in parts of your body is not working very well. The drainage system is known as the lymphatic system.

Secondary lymphoedema may develop as a result of cancer or cancer treatments. It can also develop following serious infection or injury or if a person is immobile.

People can be born with an abnormality of the lymphatic system causing swelling. This is known as primary lymphoedema.



## Cellulitis

Cellulitis is an inflammation of the skin and tissues resulting from a bacterial infection.

People with lymphoedema are prone to developing cellulitis. You may have cellulitis if the site of your swelling is red, more swollen, tender and hot to touch and you may develop a rash and have “flu-like” symptoms.

If you suspect you have cellulitis, you should seek medical advice immediately. It is important that cellulitis is treated promptly.

The lymphoedema clinic at LOROS provides specialised care for patients with lymphoedema due to cancer and cancer treatments and some other causes.

The team consists of qualified staff specialising in lymphoedema, healthcare assistants and administrative staff.

The team is supported by a consultant in palliative medicine.



## What can I expect on my first visit?

Your first appointment will last for between one to one and half hours. You will be asked to undress so that the area of your swelling can be examined and, if the swelling affects an arm or leg, these will be measured. You will be asked questions about your swelling and how it affects your daily life. You will also be asked questions about your general health and any medication that you are taking. Your lymphoedema practitioner will work with you to agree a plan of care to help you manage your lymphoedema.

We are very happy for you to bring a relative, friend or carer with you to your appointment.

## How often will I be seen?

This depends on the severity of your lymphoedema and if you need specialist treatment. Once your lymphoedema is stable and well controlled we will discharge you back to the care of your GP. This will be discussed with you first.

## How to contact us

**The lymphoedema clinic is open 9am – 5pm Monday to Friday. Our direct telephone number is 0116 231 8429. If we are busy seeing patients, please leave a message with our administrator and we will ring you back.**

## The aim of the clinic:

- To offer specialist knowledge and advice on lymphoedema management to you (the patient), your carers and to health professional
- To provide a clear understanding of the causes of lymphoedema
- To advise on the management of lymphoedema
- To work with you to plan your individual care
- To enable you with support, to control your lymphoedema

## Who can refer you to our lymphoedema service?

Your GP, hospital doctor or nurse specialist can refer you.

**Our referral criteria is available at [loros.co.uk/refer](http://loros.co.uk/refer)**

This leaflet is updated regularly. For the most up-to-date information please visit [loros.co.uk/care](http://loros.co.uk/care)

LOROS Hospice is dedicated to ensuring equality and diversity is at the core of all our activities.

### In case of comments or complaints, please contact:

Chief Executive, or Director of Care Services  
LOROS, Groby Road, Leicester LE3 9QE

or, Care Quality Commission, East Midlands Office, Citygate, Gallowgate, Newcastle Upon Tyne NE1 4PA

### Alternative language copies available

Please contact the Patient Experience Lead PA on 0116 231 8435

જો તમને આ માહિતીની અન્ય ભાષા અથવા સ્વરૂપમાં આવશ્યકતા હોય તો કૃપા કરી ટેલીફોન નંબર 0116 231 8435 પર Patient Experience Lead PA (પેશન્ટ એક્સ્પેરીયન્સ લીડ પીએ) નો સંપર્ક કરો

Jeżeli chcieliby Państwo otrzymać niniejsze informacje w tłumaczeniu na język obcy lub w innym formacie, prosimy skontaktować się z PA Zespołu Patient Experience pod numerem telefonu 0116 231 8435.

ਜੇਕਰ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਨੂੰ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਜਾਂ ਪ੍ਰਾਰੂਪ ਵਿੱਚ ਪ੍ਰਾਪਤ ਕਰਨਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਰੋਗੀ ਅਨੁਭਵ ਪ੍ਰਤੀਨਿਧੀ PA ਨਾਲ 0116 231 8435 ਟੈਲੀਫੋਨ ਨੰਬਰ ਤੇ ਸੰਪਰਕ ਕਰੋ।

Haddii aad ku dooneyso macluumaadkan luqad kale ama habeyn kale fadlan la soo xiriiir Hogaan Bukaanka Waayo-aragga PA taleefoon nambarka 0116 231 8435

আপনি অন্য কোনো ভাষা বা ফরম্যাটে এই তথ্য পেতে চাইলে অনুগ্রহ করে 0116 231 8435 টেলিফোন নম্বরে প্যাসেন্ট এক্সপেরিয়েন্স লিড পিএ-তে যোগাযোগ করুন

اگر آپ کو یہ معلومات کسی اور زبان یا فارمیٹ میں درکار ہوں تو برائے مہربانی پیشنٹ ایکسپیرینس لیڈ کے PA سے اس فون نمبر پر بات کریں 0116 231 8435

**LOROS** Groby Road, Leicester LE3 9QE

☎ (0116) 231 3771

✉ [info@loros.co.uk](mailto:info@loros.co.uk)

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