

AWARENESS DAYS

JANUARY

FEBRUARY

3rd Time to talk day

MARCH

20th Day of happiness
20-26th Complementary therapies week
Local and community History

APRIL

Move more month
25th Financial awareness day

MAY

10-15th Mental health awareness
21st Meditation day
Local and community history

JUNE

14-19th
Adult learners week

JULY

AUGUST

14-19th
Afternoon tea week

SEPTEMBER

20-25th
Happiness at work week

OCTOBER

12-15th
Work life balance week

NOVEMBER

Career development month
1st World vegan day

DECEMBER

LOROS

Hospice Care for Leicester, Leicestershire & Rutland

loros.co.uk

Registered Charity No: 506120

Being there for *you*
and *your family*