

CHANGES AND NEW INITIATIVES IN OUR DAY THERAPY UNIT, OFFERING MORE PATIENT CHOICE AND PERSONALISED SESSIONS

Background

LOROS Day Therapy has recently extended the services it offers to patients. This will outline the services Day Therapy offer, including examples of the Wellbeing sessions available for each service.

Aim:

To showcase Day Therapy and the additional services now being offered and demonstrate how this has helped to transform care.

Method:

Reviewed services at other Hospices and developed three different branches to our Day Therapy Service



TRADITIONAL DAY THERAPY

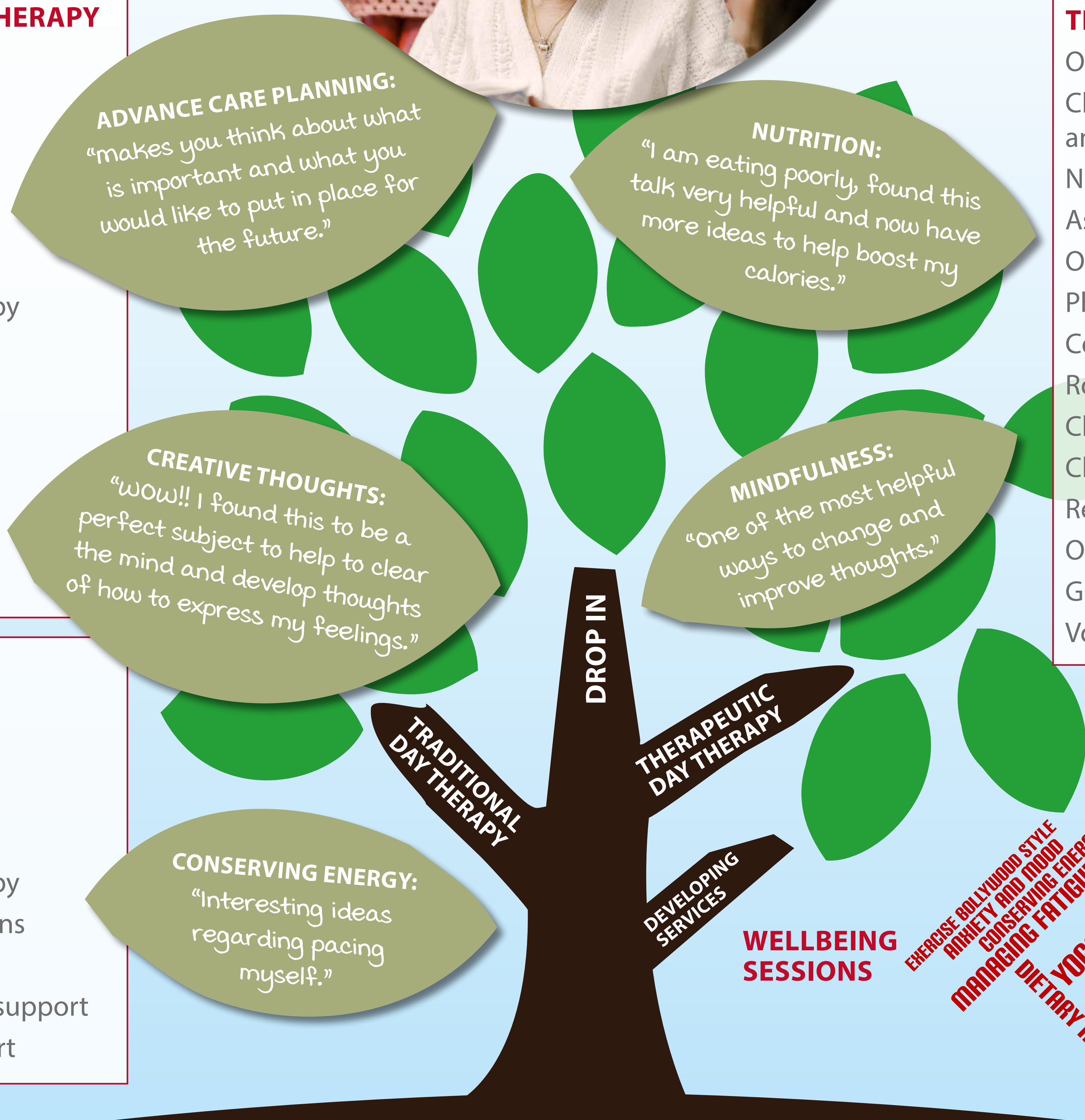
- Opened 1984
- Clinical referral
- Nurse-led session
- Assessment
- Occupational therapy
- Physiotherapy
- Complementary therapy
- Wellbeing sessions (started 2016)
- Clinical procedures
- Creative crafts
- Chaplaincy
- Social activities
- Volunteers

DROP IN

- Opened January 2014
- No referral needed
- Volunteer-led session
- Social model of care
- Complementary therapy
- Social wellbeing sessions
- Creative crafts
- Volunteer counselling support
- Group and peer support

THERAPEUTIC DAY THERAPY

- Opened January 2018
- Clinical referral for psychological and emotion support
- Nurse-led session
- Assessment
- Occupational therapy
- Physiotherapy
- Complementary therapy
- Rolling wellbeing programme
- Clinical procedures
- Chaplaincy
- Relaxation sessions
- One to one sessions
- Group sessions
- Volunteers



Outcome

All initiatives piloted in Day Therapy have shown to be beneficial to the patients following service evaluation. Therefore referrals are triaged by a trained nurse ensuring a personalised service is offered according to their needs.

Future developments

- Transitional work from children's hospice services to adult hospice services
- Development of the wellbeing sessions
- Staff training to develop clinical procedures offered to patients in Day Therapy

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