



Issue 02

This Issue

Newsletter

April 2013

Welcome Dr Zobia Islam Page 1

Chicago: 23rd International MND Symposium Page 2

Simon Proffitt Reflects on the 2012 HtH Conference Page 3

My Research Experience Within Nursing: Jane Pickard Page 3

New Research Support Group for Nurses & AHCP's Page 4

Dr Laura Clipsham Research Study: Now Recruiting Page 4

Dates for the Diary Page 5

Welcome to the second issue of the LOROS Research Newsletter!

A lot has been happening within research since our first issue back in October. Not only has LOROS research gone stateside to the USA, but new faces are joining the team, and various up and coming events are being planned.

If you are interested in becoming involved in research, or would like more information about the latest developments, please talk with Dr Christina Faull or email: christinafaull@loros.co.uk

Welcome Dr Zobia Islam

Zobia will be joining the research team as Research Fellow on 1st May...

Before joining LOROS, Zobia was the Heart of



England Hub Manager for the Mental Health Research Network and a Senior Research Fellow at Birmingham and Solihull Mental Health Foundation Trust (BSMHFT).

Zobia has a passion for research

particularly in the areas of ethnicity, health and well-being. Her doctoral work explored the complex negotiation of identities by Pakistani and Bangladeshi severely disabled young people in the UK.

She has also been involved in a number of innovative projects at the University of Warwick's Medical School and BSMHFT. This includes, an exploration of organisation, policies, process and service user and

carer perspectives in relation to transition from Child to Adult Mental health services (TRACK Study), and more recently she has managed a programme of research studies exploring the appropriateness of Early Intervention Services in Psychosis for Black and Minority Ethnic (BME) communities (ENRICH programme).

Zobia hopes that her previous work and experience will allow her to develop and undertake novel and necessary further research in the areas of palliative care, young people's experiences of service transition and Black and Minority Ethnic (BME) communities' experiences of end of life care. This includes service evaluation and exploring issues of staff training and development.

By pursuing such novel and necessary research Zobia will help to take forward the research strategy for LOROS.

5-7 December 2012

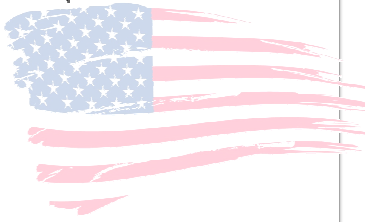
Chicago
USA

Programme

Hosted by the Foundation for the

ALS
ESTABLISHED
1984

SYMPOSIUM 2012



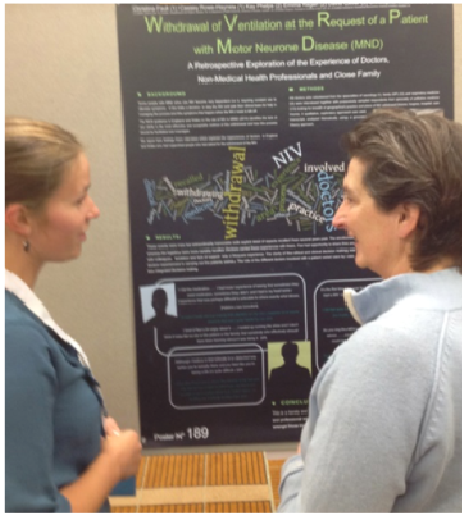
The 23rd International Symposium for Motor Neurone Disease was held in Chicago in December...

Article By Dr Christina Faull

I presented, as a poster, our work looking at the experiences of palliative medicine doctors in withdrawing non-Invasive ventilation at the request of a patient with MND.

Our study led to quite a lot of discussion with colleagues in Japan, Canada, Netherlands, America and other countries. It was universally seen as a tricky area of care and really interesting research. The conference was useful and interesting to hear about practices across the world. It made me feel that the quality of our MND service is very high. It also made me think of potential improvements, such as more routine screening assessment of the needs of carers. Since discussing it with colleagues in the MND team we are thinking about ways we might trial and evaluate this with carers.

Another thing that struck me was the low profile for palliative care in so many of the services across the world. It's also quite patchy in the UK. LOROS needs to share more about its work with MND patients and the structure of the service for patients..... maybe that's an abstract for the next conference.....in Milan next time!





Simon Proffitt reflects on the...

2012



Help the

Hospices Conference

Over 300 delegates attended the annual Help the Hospices Conference in Manchester in November 2012...

The overall theme was "Community engagement: back to our future".

The content was mainly around why and how hospices should engage with their communities, the challenges and benefits genuine engagement offers, and the risks for hospices which fail to adequately engage.

There were sessions on the strategic advantage that volunteers offer to hospice care and showcase events on a wide range of topics relevant to the main theme.

Furthermore, following the establishment of the Commission into the Future of Hospice Care in 2011, the results to date from the experts' deliberations were presented and a working paper provided which included some key operating principles which it is believed are necessary for hospices

to prepare for the future. The final recommendations from the Commission are expected within the next year.

The two key actions taken by LOROS as a direct consequence of the conference are firstly to activate a thorough review of engagement with schools to see how this can be improved and secondly to invest in the development of a better "customer

relationship management" approach to engaging and communicating with current and potential supporters.

In addition, contact was made with the National Clinical Lead for HtH to try to ensure that LOROS' approach to research is "joined-up" with that of other hospices and HtH itself.

**Help the Hospices conference
21-23 October 2013**

Call for papers: By 6th May

*an opportunity to share your research,
innovation and good practice*

**Whatever your role – as an educationalist, fundraiser,
doctor, nurse, social worker, therapist or volunteer –
we would like to showcase your work.**

www.helpthehospices.org.uk/conference2013

'My Research Experience Within Nursing'

By Jane Pickard, *Head of Inpatient Services*

In the first edition of our newsletter, we highlighted that the LOROS Research Committee was looking to extend its membership to staff holding a full Masters qualification, who were keen to have the opportunity to continue to be involved in research. We are now pleased to say that Jane Pickard, Head of Inpatient Services, has now joined the Committee and, here, offers a brief summary of her research experience within nursing...



In 2009 I completed my MSC in Specialist Nursing Practice – Cancer Care and was also

awarded the NMC Specialist Practitioner Qualification. The course gave me the opportunity to study an area of specialist practice

in depth and was strongly linked to clinical practice.

My dissertation was clinically focused and enabled me to research an area of practice and facilitate a change in practice to benefit patients and their families.

Conducting my research was both exciting and rewarding as I soon learnt about the value of research and how it can make a difference to the care we give to our patients and their families.

Sometimes research can appear daunting but believe me, having my own research acknowledged and seeing this put into everyday practice was not only a huge personal achievement but professionally inspiring.

I am enthusiastic to support the research culture at LOROS and believe that we are surrounded by research ideas in our every day to day practice but do not always realize it!

New Research Support Group for Nurses & AHCP's

University Hospitals of Leicester NHS Trust



- ◆ Have you ever thought of undertaking any research?
- ◆ If so, what would you like to do?
- ◆ What's stopped you progressing?
- ◆ If you've encountered difficulties, what were/are they?
- ◆ Would you like to be part of a research group, going forward?

A team from the University Hospitals of Leicester, led by the Research & Development Manager, Carolyn Maloney, and Lynn Furber, Senior Lecturer/Nurse Researcher, have developed a Research Support Group with the aim of helping to establish the UHL Research & Development Strategy 2011 - 2016 by encouraging research involvement amongst non-medical staff.

It is hoped that fostering a culture in which research, development and innovation are embedded in core clinical activity, will allow the nurturing of an environment in which research findings lead to rapid and sustained improvements in the quality of patient care.

**For more information, contact: Carolyn Maloney: CarolynMaloney@uhl-tr.nhs.uk
or Lynn Furber: lf45@le.ac.uk**

Dr Laura Clipsham Research study:

How do nursing staff assess children's bereavement needs and what impact does this have upon them as professionals?

We are currently recruiting nurses and healthcare assistants who work on the inpatient unit for a study looking at how children who may need additional support when they have a parent who is expected to die are identified, and the impact that supporting these families has on nursing staff.

Healthcare professionals may have differing opinions on what role they should take in assessing children's bereavement needs and that providing support to a child who has a parent with a terminal illness affects people in different ways. We are interested to hear a wide range of opinions and experiences, and

would welcome all participants, whatever their perspective.

Volunteers will be asked to participate in a one-off interview lasting up to 60 minutes.

If you are interested in participating or want more information, please speak to either Laura Clipsham or Christina Faull.



Call for Participants:

Are you a member of Nursing Staff working on the Inpatient unit at LOROS?

They can be contacted on:

lauracclipsham@loros.co.uk

christinafaull@loros.co.uk

Leicestershire, Northamptonshire & Rutland

Palliative Care Research Meeting

Tuesday 18th June

1:30 - 5:00pm

(with lunch available from 1:00pm)

PC1



This event is for SpRs and other multi-professionals.

Session to include:

- ◆ Dr Richard Kitchen: *Decision Making by Surgeons and Anaesthetists in Frail Elderly*
- ◆ Debbie Broadhurst: *ENTER Project: 'Enabling Nurses to Engage in Research'*
- ◆ Research Proposal Presentations from Tracey Hinde, Ward Team Leader;
Liz Darlison, Nurse Consultant, Mesothelioma UK; Kate McClelland, UHL Chaplain

Wednesday 19th June

9:30 - 11:30am, PC2

Good Clinical Practice (GCP) is an international ethical and scientific standard for the design, conduct and record of research involving humans. If you are involved in research, you will require GCP certification (which is valid for a period of two years).

This free session, facilitated by Julie James,

Clinical Trials Monitor & Trainer at the UHL & Dr Christina Faull, is open to all LOROS staff involved in research, including those who are keen to understand more about research governance and quality standards.

**If you would like to discuss whether this session is relevant to you,
please contact Dr Christina Faull**



Good Clinical Practice

Free session open to all hospice staff

**Places for both sessions are limited, so if you would like to book
please contact Idaliza Garner on ext. 8498 or email: idalizagarner@loros.co.uk**

The 10th Palliative Care Congress 12th - 14th March 2014

Harrowgate International Centre

Main Call for Papers Closes: Friday 27th September 2013
Further details can be found at: <http://www.pccongress.org.uk>


The 10th Palliative
Care Congress