



Welcome to the day therapy unit

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LOROS

Hospice Care for Leicester, Leicestershire & Rutland

Being there for *you*
and *your family*

Welcome to the day therapy unit

Day therapy

Day therapy aims to provide high quality holistic care and support. The focus of this care is to enhance quality of life, promoting dignity and individual choice.

Your treatment will be regularly reviewed and discussed with you.

Sometimes people may no longer need to attend day therapy. This may be because:

- Their condition has become more stable or their needs have been met
- They may feel too unwell to attend or be unable to do so safely
- There is a change in personal circumstances such as moving to a care/nursing home

Overview of services and therapies available

- Assessment of individual health and social care needs by a qualified nurse, occupational therapist or Physiotherapist
- Plan of care based on individual needs regularly reviewed by a trained nurse in Day Therapy
- Outpatient clinic with a specialist palliative care doctor if appropriate
- Programme of 'well-being' sessions including mindfulness, creative thoughts, managing fatigue and keeping active
- Complementary therapies
- Creative therapy, e.g. arts, crafts, painting
- Chaplaincy
- Lunch
- Outside speakers, e.g. flower arranging, chair yoga





Smoking

LOROS day therapy operates a no smoking policy.

Mobile phones

Patients are welcome to have mobile phones whilst in the Hospice. Please be considerate of other patients regarding the volume of ring tones and the times of incoming calls.

Shop

There is a small shop at the Hospice that stocks a variety of goods including toiletries, confectionary, drinks, greetings cards and gifts.

There is also a limited range of adaptive equipment for sale.

Catering services for patients

The Hospice prides itself on providing a catering service for patients where fresh ingredients are used and every meal is 'home cooked' on the premises. A member of the catering team will explain the dishes of the day and take your order.

The catering team can provide meals to accommodate any special requirements including diabetic, coeliac/gluten free, dairy free and ethnic diets. Pureed food is available on request.

Lunch is served at 12.30pm. Drinks, biscuits/cake and fresh fruit are also provided during the day.

This leaflet is updated regularly. For the most up-to-date information please visit loros.co.uk/care

LOROS Hospice is dedicated to ensuring equality and diversity is at the core of all our activities.

In case of comments or complaints, please contact:

Chief Executive, or Director of Care Services
LOROS, Groby Road, Leicester LE3 9QE

or, Care Quality Commission, East Midlands Office, Citygate, Gallowgate, Newcastle Upon Tyne NE1 4PA

Alternative language copies available

Please contact the Patient Experience Lead PA on 0116 231 8435

જો તમને આ માહિતીની અન્ય ભાષા અથવા સ્વરૂપમાં આવશ્યકતા હોય તો કૃપા કરી ટેલીફોન નંબર 0116 231 8435 પર Patient Experience Lead PA (પેશન્ટ એક્સ્પેરીયન્સ લીડ પીએ) નો સંપર્ક કરો

Jeżeli chcieliby Państwo otrzymać niniejsze informacje w tłumaczeniu na język obcy lub w innym formacie, prosimy skontaktować się z PA Zespołu Patient Experience pod numerem telefonu 0116 231 8435.

ਜੇਕਰ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਨੂੰ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਜਾਂ ਪ੍ਰਾਰੂਪ ਵਿੱਚ ਪ੍ਰਾਪਤ ਕਰਨਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਰੋਗੀ ਅਨੁਭਵ ਪ੍ਰਤੀਨਿਧੀ PA ਨਾਲ 0116 231 8435 ਟੈਲੀਫੋਨ ਨੰਬਰ ਤੇ ਸੰਪਰਕ ਕਰੋ।

Haddii aad ku dooneyso macluumaadkan luqad kale ama habeyn kale fadlan la soo xiriiir Hogaan Bukaanka Waayo-aragga PA taleefoon nambarka 0116 231 8435

আপনি অন্য কোনো ভাষা বা ফরম্যাটে এই তথ্য পেতে চাইলে অনুগ্রহ করে 0116 231 8435 টেলিফোন নম্বরে প্যাসেন্ট এক্সপেরিয়েন্স লিড পিএ-তে যোগাযোগ করুন

اگر آپ کو یہ معلومات کسی اور زبان یا فارمیٹ میں درکار ہوں تو برائے مہربانی پیشنٹ ایکسپیرینس لیڈ کے PA سے اس فون نمبر پر بات کریں 0116 231 8435

LOROS Groby Road, Leicester LE3 9QE

☎ (0116) 231 3771

✉ info@loros.co.uk

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Registered Charity No: 506120

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