

LOROS

Hospice Care for Leicester, Leicestershire & Rutland

Wellbeing

Improving positive culture and wellbeing



From time to time we all need support with our wellbeing, including our financial wellbeing. There are plenty of people in the organisation to speak to and extensive sources of external support too.

One thing that has become a really useful source of support is the use of foodbanks in the community.

We now have trained staff who are able to refer you should you find this useful.

It might be that getting a supplementary food parcel even once a week reduces the financial pressure in your household.

Every person's situation differs and there are many external factors adding to the pressure, so reaching out for support is a wise and practical step.

If you'd like to be referred please contact:

louisekiernan@loros.co.uk

or socialworkteam@loros.co.uk

You can also pop into the Social work team office if you would prefer.

This will be a discreet referral and not discussed with anyone else.