



**LOROS**   
CENTRE FOR EXCELLENCE

Palliative and End of Life Care  
RESEARCH EDUCATION INFLUENCING PRACTICE

SPRING SUMMIT MAY 14TH 2024

# DYING MATTERS

INNOVATION. IMPACT. INCLUSION

PROGRAMME

# Aims

1

Providing insights into current challenges in palliative and end of life care

2

Showcasing what is happening in the LOROS Centre for Excellence in research, education and innovation to improve care

3

Encouraging the exchange of ideas and experiences amongst attendees

**9.00-9.30**

Coffee and networking

**9.30-9.40**

Welcome and scene setting

Christina Faull

# Session 1: Dying at Home



**9.40-9.50**

**Chair:**

Mark Pearce

**9.50-10.05**

**David Newman:**

What makes it bearable

**10.05-10.30**

**Chris Williams:** Responding in the way that's wanted.

**10.30-10.45**

**Liz McIntyre:** Making sure medicines are available when needed.

**10.45-11.05**

Panel Discussion and Q&A

**11.05-11.30**

Break



## Session 2: Empowering family and professionals



- 11.30-11.40** **Chair:**  
Claire Henry
- 11.40-12.00** **Sue Willis and Linda Birt:**  
Empowering family carers
- 12.00-12.20** **Fawn Harrad-Hyde:**  
Care staff and families preparing for end of life.
- 12.20-12.40** **Becky Proctor:**  
Talking about dying.
- 12.40-13.05** Panel discussion and Q&A.
- 13.05-14.00** Lunch and networking opportunities

## Session 3: Diverse Communities – Working together for change (1hr 25)



- 14.00-14.10** **Chair:**  
Rob Parkinson.
- 14.10-14.40** **Zoebia Islam:**  
Working together to develop race equity in palliative care
- 14.40-15.00** **Irfhan Mururajani:**  
Communities and researchers working together
- 15.00-15.25** Panel discussion and Q&A
- 15.25-15.35** Comfort break



## Session 4: The Next Generation



**15.35-15.45** **Chair:**  
Simon Gay

**15.45-16.00** **Sarah Boniface:**  
Hospice School

**16.00-16.20** **Barbara Powell:**  
Doctors of the future

**16.20-16.35** **Chandini Subramanyam:**  
Wellbeing and health literacy of ethnically diverse young adult carers.

**16.35-16.50** **David Wenzel:**  
Improving the end-of-life care of patients using non-invasive advanced respiratory support

**16.50-17.00**

**Camilla Barrow: Closing remarks**



# Biographies of Speakers and Chairs

## **Christina Faulk**

**Academic Director of LOROS Centre for Excellence and Consultant in Palliative Medicine. Professor in Palliative Care University of Leicester.**

Christina has worked in palliative care for nearly 35 years, 20 of them in Leicester. She is passionate about research driven improvement in care for patients and families and ensuring all staff are prepared to provide great care. She is currently celebrating the elevation of research in palliative care in the new NIHR Research delivery networks.

## **Camilla Barrow**

**Director of the Centre for Excellence**

Camilla started with the Centre for Excellence in February after a varied clinical career within palliative and End of life care, including managing a day hospice service and developing a breathlessness clinic.

A graduate of the University of Birmingham, and currently completing a MRes in clinical health research focussing on the effectiveness of palliative and end of life care education in care homes.



# Biographies of Speakers and Chairs

## Session 1: Dying at Home

### Mark Pierce

Head of Population Health Management, NHS Leicester, Leicestershire and Rutland.

Mark Pierce trained as an RGN in Dublin 1991-94. He worked as a nurse in CCU in Leicester 1996-2003 before training (partly through LOROS) as a BHF Heart Failure Nurse Specialist. He subsequently worked in a variety of managerial and commissioning roles in Leicester, focusing mainly on services for older people, risk stratification and population health interventions. He is currently the Head of Population Health Management for Leicester, Leicestershire, and Rutland Integrated Care Board.

### David Newman

Public contributor

David is a retired Church of England priest who has served in parish and diocesan roles around Leicestershire and most recently as Warden of Launde Abbey retreat house. He has worked with LOROS to improve services in LLR for a number of years. His wife Helen who had been a chaplain at LOROS died at home over the Christmas period of 2022.

### Chris Williams

LOROS Clinical Lecturer in Community Palliative Care and Frailty Department of Health Sciences, Co-Director of Clinical Studies Leicester Medical School

Chris is a GP in North West Leicestershire and this drives how he seeks to improve care for people, their families and the development of the workforce through education. He is an innovator and creative thinker who enjoys tackling 'wicked' problems though bringing people together and rigorous evaluation of improvements.

### Liz McIntyre

Improvement Specialist End of Life Care

Liz originally trained as a journalist and worked for ITV before moving into press office and communications roles for the police, local authorities, the Department of Health and Social Care, Strategic Health Authorities and Public Health England where she developed a passion for quality improvement, patient safety and innovation.

She set up the East Midlands' first improvement network and developed the model for the now well-established National Health Innovation Exchanges whilst working in a dual role for the NHS Leadership Academy and Health Innovation East Midlands where she held the portfolio for quality improvement.

Having focused on end-of-life care for the past five years, Liz now works to support health providers, charities, care homes and ICBs in the planning and delivery of high quality services and pathways that support patients and their families and carers and the end of life.

# Biographies of Speakers and Chairs

## Session 2: Empowering family and professionals

### Claire Henry

Independent consultant and LOROS Trustee

Claire is a Registered Nurse, Trustee for LOROS and Dove Cottage, Visiting Fellow, Open University Visiting Researcher, , coach, mentor and an independent consultant in health and care. She has over 30 years of working in Palliative and End of Life Care leading national implementation and quality improvement programmes. Claire is committed to improving end of life care to make a difference to people and their families.

### Linda Birt

LOROS Associate Professor in Palliative Care and Frailty, School of Health Care, University of Leicester

Linda is an applied health researcher who works with colleagues in the School of Healthcare at University of Leicester and the LOROS Centre for Excellence. She had a career in nursing before moving into research. Her research focuses on how people experience health and social care within the community, including in care homes. She uses interviews and observations of practice to understand how care is provided to older people, especially those who are very frail and reaching the end of their life. Linda has a specific research focus in the work of families and friends in supporting others.

### Sue Willis

Projects Manager, The Carers Centre Leicestershire and Rutland.

Sue is responsible for managing and overseeing a number of projects supporting unpaid carers across LLR. She recently worked in partnership with LOROS to deliver a series of training sessions for unpaid carers supporting the person they care for around end-of-life care.

Sue is a trained and registered Social Worker with extensive experience within the Voluntary Sector supporting carers, advocating for parent carers, supporting voluntary sector organisations to influence the strategic planning of health and social care services.

### Fawn Harrad-Hyde

LOROS Research Associate in Palliative Care and Frailty, Mildred Blaxter Research Fellow, Department of Population Health Sciences, University of Leicester

Fawn is a researcher who is particularly interested in decision-making at times people living in care homes experience deteriorations in their health. Fawn completed her PhD in 2021, which focussed on care home staff decision-making at times of deterioration. Through her work with LOROS Centre for Excellence Fawn has explored potential ways to support families of people living in care homes to be better prepared for decision-making at times of deterioration. In 2023, Fawn was awarded a Mildred Blaxter Fellowship from the

Foundation for the Sociology of Health and Illness which she will use to explore ambulance staff experiences of attending call outs to care homes.

### Becky Proctor

Palliative and End of Life Care Educator (NS written needs approval)

Becky qualified as an RGN in 1991. She worked clinically for 6 years in acute medicine, oncology and chemotherapy before embarking on a career in palliative care at UHL.

Her roles have included working as a Macmillan Palliative Care Clinical Nurse Specialist, a Palliative Care Education Facilitator, and End of Life Care Facilitator and as Palliative and End of Life Care Lead Nurse.

Becky has been involved in the delivery of education throughout all of her palliative care roles.

# Biographies of Speakers and Chairs

## Session 3: Ethnically Diverse Communities - Working together for Change

### Rob Parkinson

Chief Executive LOROS

Rob joined the charity in 2022 with a background in campaigning and transformative leadership in the beyond profit sector. He has been Chief Executive of Home-Start UK, Action Homeless and Warwick Students' Union and Director-England of the National Deaf Children's Society. He was an original non-executive director of Inclusion Healthcare, one of the Government's early mutual pathfinders, a founding non-executive director of Reaching People and Chair of HomeCome. He is a trustee of Cats Protection, the UK's leading feline welfare charity.

### Zoebia Islam

Deputy Lead for Research at LOROS Hospice and Professor of Palliative Care and Frailty at the University of Leicester.

Zoebia has been working at LOROS for over 10 years to improve equity of access and awareness of services for people in the ethnically diverse communities across the Midlands. She is passionate about tackling inequalities through working in real partnership with communities and to help services understand that equity requires different approaches to provide personalised care and equality in outcomes. Zoebia chairs the national Sawubona – Equity in Palliative Care for All Research Forum which has over 50 members from across the UK.

### Irfhan Mururajani

Public contributor

Irfhan is an enthusiast for change and the overall universal improvement in end-of-life care experience for all. Irfhan has worked for the NHS and in Digital Health. He has become a champion for LOROS and Hospice Care within his local community, and wants to increase awareness and understanding of the services provided so that Muslim people can access these and allow themselves to experience better care without guilt or stigma.

Irfhan is also a keen community radio broadcaster and has presented programmes and shows on Ramadan FM and EAVA FM.



# Biographies of Speakers and Chairs

## Session 4: The next generation

### Simon Gay

Head of School and Professor of Medical Education (Primary Care) Leicester medical School, University of Leicester

A retired GP and graduate of St. George's Hospital Medical School, Simon has worked at Keele, Nottingham and Leicester medical schools. He is a GMC Education Associate, Editor-in-Chief of the journal Education for Primary Care, a past Chair of ASME's Educator Development Committee, and a former treasurer of both the UK Clinical Reasoning in Medical Education group and the International Clinical Skills Foundation, an Australian Registered Charity.

Active in both undergraduate and postgraduate healthcare education, he is now Professor of Medical Education (Primary Care) and Head of Leicester School of Medicine.

His research interests include clinical reasoning, professionalism and the transition to qualified practice and he has contributed to more than 180 academic outputs including peer-reviewed publications, book chapters, key-note presentations and workshops.

### Barbara Powell

Consultant in Palliative Medicine at LOROS and Senior Lecturer and Head of Final year at University of Leicester Medical School.

Barbara has developed and delivers innovative teaching to medical students in their clinical years that focuses on patient-centred care in the context of managing serious disease such as cancer. Simulation and facilitated debrief promotes the value of empathy alongside managing clinical complexity.

### Sarah Boniface

Practice Development Practitioner at LOROS

Sarah qualified as a Registered Nurse in 2010. She has worked in haematology and oncology at UHL, before joining LOROS to care for patients and their loved ones on the inpatient unit.

Her passion for clinical excellence and supporting the development of others motivated her to move roles and she is now an integral part of the Hospice's Practice Development Team.

### Chandini Subramanyam

Postgraduate Research Student, University of Leicester

Chan graduated with a First-Class Honours in Psychology in 2019 and holds two master's degrees; Forensic Psychology (2020) and Sport and Exercise Science (2022). She started a Ph.D. training programme in 2022 and her research centres around the experiences of ethnically diverse young adult carers of people with serious illnesses. This is a project with extreme personal relevance as Chan cares for her sister, to whom she has dedicated my work.

### David Wenzel

Postgraduate Research Student, Registrar of Palliative & Internal Medicine.

David qualified as a medical doctor in 2016 and, alongside his clinical role, David has undertaken academic training - completing a master's degree in research methodology in 2022 and starting a PhD training programme in October 2023. His research continues to focus on understanding and improving end-of-life care where tight fitting oxygen masks are being used during a person's final days



# Directions to LOROS and the Professional Development Centre

You can find us just off the Groby Road (A50) in Leicester.

## From the East - A46 from Newark

At the Leicester Western bypass roundabout (Hobby Horse pub will be on your left, and is visible from the roundabout), turn right onto A46 North & West (also signed for M1/M69).

Take 2nd exit off A46 signed Beaumont Leys.

At roundabout take 2nd exit (Gynsills Lane).

At A50 roundabout take 2nd exit (first one goes into County Hall) onto A50 towards Leicester City.

At next roundabout take 3rd exit still on the A50 towards Leicester City.

Turn left at next traffic lights at Heathley Park pub.

Take first left (Duncombe Road) and follow the road round until you come to the LOROS entrance.

## Using Motorways - M1/M69 Junction 21

Take A563 Outer Ring Road.

At the first roundabout, take 3rd exit, following Leicester North & West and continue to follow A563 (north).

At the Groby Road roundabout with A50, take 4th exit onto A50 towards City Centre.

Turn left at next traffic lights at Heathley Park pub.

Take first left (Duncombe Road) and follow the road round until you come to the LOROS entrance.

## Using Motorways - M1 Junction 22

Take A50 towards Leicester and stay on this road.

At 4th roundabout, Glenfield Hospital on left, take 3rd exit (still on A50) towards Leicester City.

Turn left at next traffic lights at Heathley Park pub.

Take first left (Duncombe Road) and follow the road round until you come to the LOROS entrance.



# LOROS

Hospice Care for Leicester, Leicestershire & Rutland

Being there for you  
and your family

**LOROS** Groby Road, Leicester LE3 9QE

☎ (0116) 231 3771

✉ info@loros.co.uk

✕ LOROSHospice

f LOROSHospice

**loros.co.uk**

Registered Charity No: 506120  
A829 © LOROS. May 2024