

How can I help with research at LOROS?

Improving care for patients and their families

loros.co.uk



Being there for *you* and *your family*

LOROS aims to improve care for patients and their families by undertaking research.

We work collaboratively with our patients, their family and friends and health and social care practitioners. LOROS is proud to be a leading research active hospice in the UK.

We work in close partnership with the University of Leicester, the National Institute for Health Research and NHS organisations both locally and nationally.

Our research surrounds three key themes:

- 1 Improving palliative and end of life care in the community, supporting primary care and community services
- Tackling inequality and inequity in palliative and end of life care
- Improving palliative and end of life care in frailty and multimorbidity

How can I become involved in research?

Being part or research can be of benefit to patients, family members and other carers.

Research offers an opportunity to shape the care of the future and to learn more about the conditions that affect patients and the people that they care about. There are a number of ways in which you could become involved:

- You may be approached by your care team or LOROS research nurse offering information about current research studies and telling you how you may become involved. They may also send you an invitation in the post or email
- Or some research studies at LOROS have posters and/or social media advertisements which may be seeking to recruit people for a particular study.

Please ask your care team if you would like to become involved in research. Everyone can make a difference and participant representation with a variation of age, ethnic diversity and social backgrounds is invaluable to our research.

We are always interested to hear your views about research, even if there is not a current study that you can be directly involved in. You may also want to shape future research and become part of our Public and Patient Involvement (PPI) research consultees group.

What will happen if I am interested in participating in a research study?

You will be given a participant information sheet telling you about the study, which you can read in your own time, and the researcher will be happy to answer any questions which you may have.

If, after discussing the study, you decide to participate you will then be asked to sign a consent form. Even after you have signed the consent form you can withdraw from the study at any time without effecting your care.

Is it compulsory that I or a member of my family become involved in research?

No. Participating in research is entirely voluntary. Being involved in a research study or declining to participate will in no way affect the care you receive as a patient, relative or other carer.



Will my personal details be shared with other people?

All information given to the researcher will be held securely and will remain confidential.

Any information about you that is shared as part of a research study will be explained to you before the study commences and will be included within your participant information sheet.

What does research involve?

Precisely what is involved differs from project to project and depends upon the topic.

Some common research methods we use are:

- · One-to-one interviews with a researcher
- Group discussions
- Ouestionnaires

Where can I find out more about research?

The LOROS research website offers information about current studies, newsletters and publications and allows you to meet the research team: loros.co.uk/research

National Institute for Health Research (NIHR) is an organisation funded through the Department of Health.

Their website offers a wealth of information about research, with links for patient and public awareness:

nihr.ac.uk bepartofresearch.nihr.ac.uk

People in Research offers more information about public involvement in research and how research can help make a difference. www.peopleinresearch.org

Where can I get more information at LOROS?

The Research team is happy to answer questions or address any concerns you may have about research at LOROS.

For more information, or to speak with a member of the team, please contact:

LOROS Hospice Research Team, Groby Road Leicester LE3 9QE

(0116) 231 8498 Monday-Friday, 8.30am-4.30pm

research@loros.co.uk

loros.co.uk/research

This leaflet is updated regularly. For the most up-to-date information please visit **loros.co.uk/care**

In case of comments or complaints, please contact:

Chief Executive, or Director of Care Services, LOROS Groby Road, Leicester LE3 9QE or, Care Quality Commission, East Midlands Office, Citygate, Gallowgate, Newcastle Upon Tyne NE1 4PA

If you would like this information in another language or format please telephone (0116) 231 8435 or email info@loros.co.uk

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