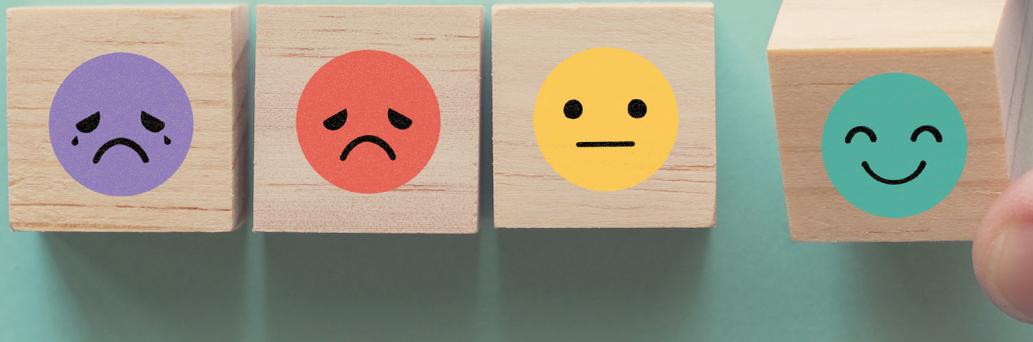


Recognition of patient and carer psychological needs

Based on Level 1 NICE Guidelines

One Day Course: 6th March 2026

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(Snr Accred)



To include:

- Understanding empathy, congruence and unconditional positive regard.
- Recognition of psychological needs/general psychological support.
- Understanding personal limitations of what you hear, and when to refer
- Using reflective skills for self-care and self-awareness.

Learning outcomes:

- To enhance and reaffirm existing knowledge.
- To highlight the need for self care and emotional wellbeing,
- To enable staff to have confidence in their abilities to hold patients and relatives in their distress, in an emotionally safe way.

There will be a mixture of learning using:

- PowerPoint
- Interaction
- Roleplay (done by tutors)
- Group work



If you are a volunteer or an external candidate interested in attending this course please email lpdc@loros.co.uk

LOROS Staff must get sign off from a line manager and complete a study leave form.

LOROS

Hospice Care for Leicester, Leicestershire & Rutland

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and *your family*