

Recognising and supporting the psychological needs of patients and carers.

Based on Level 2 NICE Guidelines; runs across **six** mandatory dates

10th, 17th, 24th April 1st, 8th May and 4th September 2026



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This new training course, developed by Tracey, strengthens your skills and confidence in recognising and supporting the psychological needs of patients and carers. We will blend core psychological theory with your existing interpersonal skills to deepen your understanding of how distress and trauma shape behaviour, and how to support people safely during difficult emotional experiences.

Covers a broad range of psychological skills used across professional disciplines

Alongside building psychological knowledge, we will reflect on the impact of language around illness and help you develop confidence in addressing psychological and emotional needs in everyday practice, while recognising your own limits and self-care. The course offers safe opportunities to practise these skills and keep a reflective journal.



BOOK NOW

If you are a volunteer or an external candidate interested in attending this course please email lpdc@loros.co.uk

LOROS Staff must get sign off from a line manager and complete a study leave form.

LOROS

Hospice Care for Leicester, Leicestershire & Rutland

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and *your family*