Lymphoedema Service

We hope to answer your concerns, but if you have any more questions please ask a member of staff

What is lymphoedema?

Lymphoedema is a chronic swelling which can affect any part of the body. It occurs when the fluid drainage system in parts of your body is not working very well. The drainage system is known as the lymphatic system.

Secondary lymphoedema may develop as a result of cancer or cancer treatments. It can also develop following serious infection or injury or if a person is immobile.

People can be born with an abnormality of the lymphatic system causing swelling. This is known as primary lymphoedema.

The lymphoedema clinic at LOROS provides specialised care for patients with lymphoedema due to cancer, cancer treatments and palliative patients known to other LOROS services.

The aim of the clinic:

- To offer specialist knowledge and advice on lymphoedema management to you (the patient), your carers and to health professionals
- To provide a clear understanding of the causes of lymphoedema
- To advise on the management of lymphoedema
- To work with you to plan your individual care
- To enable you with support, to control your lymphoedema

Who can refer you to our lymphoedema service?

Your GP, hospital doctor or nurse specialist can refer you.

What can I expect on my first appointment?

Your first appointment will last for between one to one and half hours. You will be asked to undress so that the area of your swelling can be examined and, if the swelling affects an arm or a leg these will be measured. You will be asked questions about your swelling and how it affects your daily life. You will also be asked questions about your general health and any medication that you are taking. Your lymphoedema practitioner will work with you to agree a plan of care to help you manage your lymphoedema. We are very happy for you to bring a relative, friend or carer with you to your appointment.

How often will I be seen?

This depends on the severity of your lymphoedema and if you need specialist treatment. Once your lymphoedema is stable and well controlled we will discharge you back to the care of your GP. This will be discussed with you first.

How to contact us

Our direct telephone number is 0116 231 8429. If we are busy seeing patients, please leave a message with our administrator and we will ring you back

This leaflet is updated regularly. For the most up to date information please visit https://loros.co.uk/our-care.

In cases of comments or complaints, please contact:
Chief Executive, or Director of Care Services, LOROS, Groby Road, Leicester LE3 9QE or, Care Quality Commission, East Midlands Office, Citygate, Gallowgate, Newcastle Upon Tyne NE1 4PA

If you would like this information in another language or format such as Easy Read or Braille, please telephone 0116 231 8435 or email info@loros.co.uk

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ਜੇਕਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਜਾਂ ਫਾਰਮੈਟ ਵਿੱਚ ਚਾਹੁੰਦੇ ਹੋ ਜਿਵੇਂ ਕਿ ਈਜ਼ੀ ਰੀਡ ਜਾਂ ਬ੍ਰੇਲ, ਕਿਰਪਾ ਕਰਕੇ 0116 231 8435 'ਤੇ ਟੈਲੀਫ਼ੋਨ ਕਰੋ ਜਾਂ info@loros.co.uk 'ਤੇ ਈਮੇਲ ਕਰੋ

Jeśli chcesz uzyskać te informacje w innym języku lub formacie, np. Easy Read lub Braille'a, zadzwoń pod numer 0116 231 8435 lub wyślij e-mail na adres info@loros.co.uk

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LOROS
Hospice Care for Leicester, Leicestershire & Rutland

Being there for *you* and *your family*

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