Waterways & Wellbeing Paddle activities – Leicestershire

Market Harborough Basin

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| Canoeing | Wednesdays | 13th April – 11th of May | 11am & 1pm |
| SUP | Mondays | 6-27th June | Afternoon & Early evening session\* |
| SUP | Mondays | 4-25th July | Afternoon & Early evening session\* |
| Canoeing | Wednesdays | 3 – 24th August | Morning & Afternoon session\* |

Kilby Bridge

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| Canoeing | Tuesdays | 3-31st May | 11am & 1pm |
| Canoeing | Tuesdays | 21stJune – 12th July | Lunchtime & Afternoon session\* |
| SUP | Mondays | 1-22nd August | Afternoon & Early evening session\* |
| SUP | Mondays | 5-26th September | Lunchtime & afternoon session |

Aylestone Meadows (next to the football club)

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| SUP | Thursdays | 5 – 26th May | 11am & 1pm |
| SUP | Thursdays | 9-30th June | Lunchtime & Afternoon sessions |
| Canoeing | Thursdays | 4-25th August | Lunchtime & Afternoon session |
| Canoeing | Thursdays | Sep 2022 or May 2023 | TBC |

\* Session timings can be adapted to local need, some timings due to daylight hours