

# Thinking Ahead: the perspectives of ethnic minority communities on resuscitation decisions

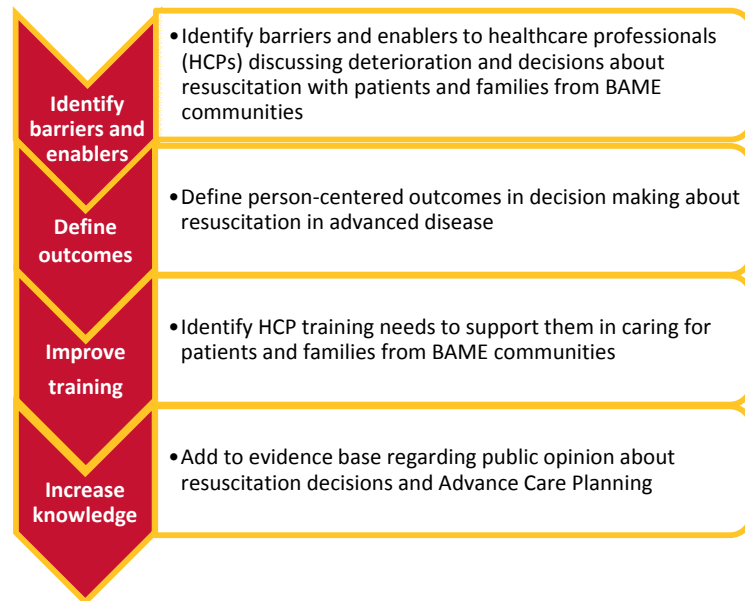
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## Background

Improving Advance Care Planning and increasing its equitable access is a key government strategy.<sup>1</sup> People from black and minority ethnic (BAME) communities access palliative care services less, and are less likely to undertake formal Advance Care Planning.<sup>2</sup> As a result, they are more likely to continue to receive aggressive interventions and are less likely to die in their preferred place.<sup>3,4</sup>

As Leicester has such a diverse population, it is an ideal location to explore a rich range of opinions, especially of South Asian communities.

## Aims



## Literature Review

I conducted searches on Medline, Embase, PsychInfo, ASSIA and Web of Science. The key findings include:

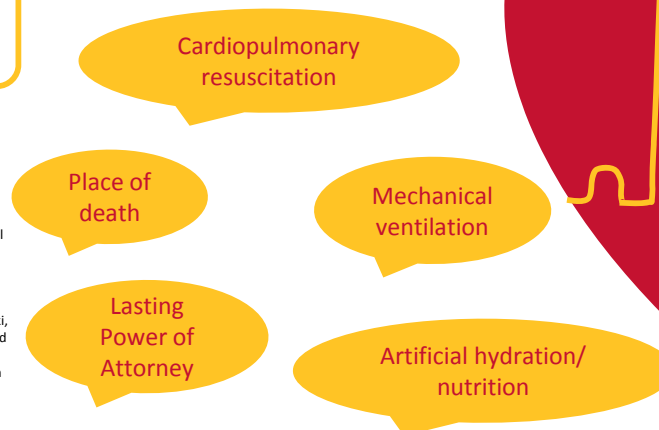
The Western model of candour and patient autonomy is not a universal value. The beliefs, values and needs of ethnic minority populations in the UK have not been explored to see if the Advance Care Planning model 'fits' for them.<sup>5</sup>

Patients from some minority ethnic groups are more likely to desire aggressive medical interventions regardless of prognosis and impact on quality of life. The reasons for this are complex and not yet established.<sup>2</sup>

Healthcare professionals do not feel confident in providing culturally appropriate care for BAME patients and families.<sup>2,6</sup>

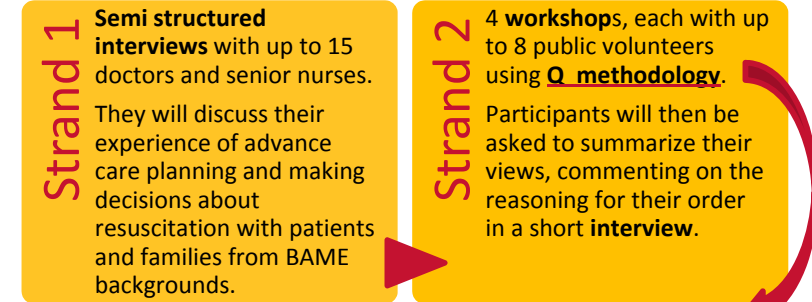
## What is Advance Care Planning?

Formally discussing, documenting, and reviewing patients' preferences for future care:



## Methods

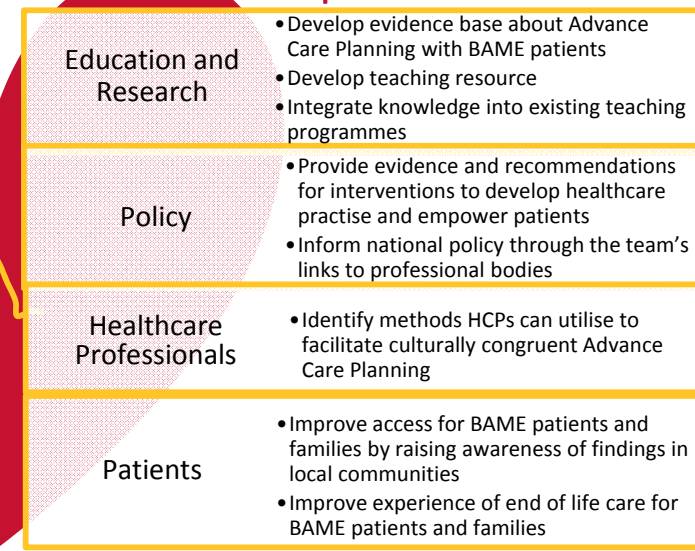
A mixed methods, largely qualitative study guided by a Patient and Public Involvement (PPI) group.



A quantitative framework, which facilitates the ranking and analysis of statements to study subjectivity and shared viewpoints.

Participants sort ~50 statements reflecting the diversity of possible views about resuscitation by their feelings towards them and their order of importance. The Q set statements will be informed by the literature, interviews, PPI group and refined by an expert panel.

## Impact



## References

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5. Calanzani N, Koffman J and Higginson I. 2013. "Palliative and end of life care for Black, Asian and Minority Ethnic groups in the UK " In.: Kings College London: Cecily Saunders Institute.
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