

What Services Are Out There To Help?



Louise Wright Palliative and EOLC Educator

AIM of the Session

Acknowledge that everyone's needs are different

Introduce some local and national resources and services.

Awareness of the referral process for each service

Services in Leicester, Leicestershire and Rutland

GP

- Overall responsibility for your medical care
- Refer to other services
- Help with future planning
- Services within the GP practice



District Nurses

- Assess nursing needs
- Refer to other health and social care professionals
- Monitor and treat symptoms
- Clinical care – injections, dressings, tissue viability, elimination needs and provision of equipment
- Referral from GP, hospital or social services

Social Worker and Care Managers

- Personal care needs
- Meal preparation
- Respite care and sitters
- Financial assessment
- Self referral
- Rutland 01572 722577
- City 0116 4541004
- County 0116 3050004



Community Therapy Team

- Physiotherapy help with movement, transfers, mobility needs and exercises to relieve symptoms
- Occupational therapist helps to maintain independence in the home offering an assessment of activities of daily living and providing equipment to help
- Referral via GP, District Nurse or Social Services

Integrated Community Specialist Palliative Care Team (ICSPCT)

- Provide care for palliative and end of life care patients in the community. Complex symptom control, emotional and practical support.
- Signpost to other services
- Home visits
- Previously known as Macmillan Nurses

- Not just cancer patients
- Home visits
- Referral from GP, Hospital, District Nurses and Social Services.



Department of Work and Pensions

- Personal Independent Payment under 65 years requiring help (previously called Disability Living Allowance)
- Attendance Allowance over 65 years requiring help
- DS1500 prognosis of 6 months or less
- **Self refer**
- **PIP 08009172222**
- **AA 08457123456**



Dietician

- Advise on dietary needs
- Referral from GP, Hospital, Health Care Professional and District Nurse

Speech and Language Therapist

- Difficulty swallowing or communicating
- Referral from GP, Hospital, Health Care Professional and District Nurse

Voluntary Organisations in LLR

Coping with Cancer

- Practical and emotional support to anyone affected by cancer. Located in the City of Leicester but open to LLR
- **Self refer 01162230055**



Marie Curie

- Overnight end of life care in the home. Available in the last days of life
- Referral from District Nurses

Patient Information Centre

- Information on all aspects of cancer
- Self referral



Age UK

- Information and advice
- Regional and national
- Impartial and informative fact sheets
- **Self referral**

Macmillan

- Support with finances and benefits
- Cancer information and advice
- Local and national branches
- Self referral 0116 4647238 Local
- 0808 808 0000 National

Dementia UK

- Specialist dementia support to carers of people living with dementia
- Access to an Admiral Nurse
- Dementia UK helpline **08008886678**



Dying Matters

- Local resource raising the awareness of dying, bereavement and providing support to those who need it
- Informative

www.dyingmattersleicestershireandrutland.com



Loros Hospice



Being there for *you*
and *your family*

- Specialist Palliative Care for those with complex problems who have a terminal illness
- Include cancer, neurological, respiratory conditions, heart and kidney failure
- Must reside in LLR
- Referrals from GP, Hospital and Community Palliative Care Teams

Loros Hospice Services

- Inpatient Unit
- Short stay
- 31 beds providing care to patients needing symptom management and end of life care



- **Enablement Team includes**
- Occupational therapists assess patients abilities with their activities of daily living. Interventions to help with independence
- Physiotherapists assess mobility, breathlessness, anxiety and provide non drug therapies such as acupuncture



- **Counselling and Psychological Support**

- Open to patients and families for 1:1 support with a counsellor
- Bereavement support groups
- **Chaplaincy**
- Meet spiritual and religious needs of individuals. Any or no faith.



- **Compassionate Neighbours**
- Companionship, practical and emotional support for 4 hours per week by volunteers
- **Complimentary Therapy**
- Offered to patients and carers to enhance their wellbeing



- **Day therapy**
- Offering fortnightly attendance for complimentary therapies, creative activities, information and support.
- Access to a Specialist Doctor, Nurses, Physiotherapist, Occupational Therapist and Chaplain

- **Lymphoedema Services**
- Specialised care and treatment for patients with lymphoedema related cancer
- **Medical Outpatients**
- Including specialist clinics for Motor Neurone Disease (MND), help with breathlessness, symptom management and neurology

Referrals to Loros are via your GP,
hospital teams or community teams

Further information on the Loros website

www.loros.co.uk





Palliative and End of Life Care
RESEARCH EDUCATION INFLUENCING PRACTICE